

Welcome to

Nutrition 224 Gerontological Nutrition Online

Fall Semester 2010

STOP: 1) **Bookmark this page for easy access**
2) **Print this page for log on and other information**

I, Dawn Brown, will be your instructor for this course. I can be contacted at dbrown@cuesta.edu until you have Blackboard access or you may leave a message at 591-6200 ext. 4523.

All course work for Nutrition 224 will be completed online. We will be using the Blackboard course management system for this course.

It is highly recommended for students to use Cuesta email until Blackboard email is available for updates for this course. Blackboard will be used for all correspondence for the course and Cuesta email will be used as a back up.

If you have a verified disability, please let me know ASAP so arrangements can best accommodate you for this class. Authorized media and accommodations will be provided as appropriate.

Required Materials

Textbook: Nutrition 224 Gerontological Nutrition course pack by Dawn D. Brown M.S.,R.D. The course pack is available at the Cuesta book store.

Optional Textbook: Geriatric Nutrition: The Health Professional's Handbook by Ronnie Chernoff 3rd Edition.

You may purchase the required course pack through the Cuesta bookstore on the San Luis Obispo campus, or have them send a copy to the North County Campus Bookstore or call (805) 546-3206 to request them to mail you a textbook.

Software: Please go to the "Cuesta College Blackboard Support Center" @ <http://d2.parature.com/ics/support/default.asp?deptID=8101>

Under most popular topics, number 2, gives you the computer requirements for Blackboard. I suggest you take a look at this section to make sure you have the computer requirements to run Blackboard properly. The phone number for technical support: **(866) 247-5971.**

Browser Tune-up

After you have logged into the course for the first time, you will need to do a Browser Tune-up. Click on the [Check Browser](#) hyperlink that is at the top of the Welcome page (the Welcome page has the Course List) after you have logged into the course website. Then click on the [Browser Tune-up Page](#) hyperlink. Follow the prompts to optimize your browser for the course. **Be sure to go through the Browser Tune-up step.**

First Login

Note: This course WILL NOT be available until the first day of the semester. Type this URL into the address line of your Internet browser.

Go to <http://blackboard.cuesta.edu>. **Bookmark this address for future access.** Click on the [Log In](#) button. Type in your username. Your **username** is the same as your **myCuesta username, firstname_lastname** (all lower case).

Example: If your name is Sally Somebody, your username would be: sally_somebody
Type in your password. Be sure to type it with all **UPPERCASE** letters. Initially your password will be: STUDENT This initial password "STUDENT" is only for Blackboard. You should change your password to something you can easily remember as soon as possible.

Write down your password and keep it in a safe place. If you wish, you can change your Blackboard password to be the same as your myCuesta password. Passwords are case sensitive and must be at least 6 characters. I do not have access to student passwords, so if you lose or forget it you will need to contact me, so that I can put in a request through technical support to resolve the problem. Any change of your password will be effective for ALL Blackboard courses in which you are enrolled at Cuesta College.