

Welcome to HEED 208 Multicultural Health Distance Education Fall 2010

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Course Start Date Online: Monday August 16, 2010 at 8:00am
(The course will be open to you on August 16, 2010. If you try to access the course before hand and you are unsuccessful at logging on, it is because the course is not available to you yet. I know some of you may be eager to get online but you will need to be patient).

**Please read ALL the information below for a brief overview
and information pertaining to this course.**

➤ **THIS COURSE IS FULLY ONLINE. THERE ARE NO
MANDATORY FACE TO FACE MEETINGS.**

COURSE DISCRIPTION: Presents the major health problems facing non-dominant/minority ethnic groups related to acculturation, assimilation, and biological variations. Various health beliefs systems will be analyzed to promote prejudice reduction and understanding of cultural differences.

WELCOME: Welcome to Multicultural Health! I'm glad to have you in the class and I look forward to working with you all this semester. You will have the opportunity, throughout the semester, to explore and understand your own health and the health issues as they relate to minority/ethnic groups. You will also have the opportunity to interact with other students in the class through discussions and chat sessions as well as have the opportunity to create assignments which allow you to discover multicultural health topics and issues.

IMPORTANT:

Blackboard is your online modality to this course

How to access Blackboard on Monday August 16, 2010:

- ❖ Go to <http://blackboard.cuesta.edu>
- ❖ Click “Log In”
- ❖ The User Name is your “MyCuesta” ID (Student's Blackboard User name matches the mycuesta login ID) For example my User Name would be angela_neary
- ❖ Student's default password, for Blackboard only is **STUDENT**
- ❖ After you type in this password, you will then be prompted to change your password.

How to purchase your textbook

You can purchase an electronic book (EBook) or a Hard Copy of the textbook in the Cuesta Bookstore.

To Purchase an EBook:

1. Go to: www.shopmcgrawhill.com
2. In the “Search Box” type in: Connect Personal Health Plus Online Access for Your Health Today, Brief
ISBN: 0077339223/9780077339227
3. The EBook (Online Access) is about \$44.00
4. Add the book to your cart
5. Click on Checkout to Purchase the book
6. If you are a new customer please create a new account and then proceed to checkout and purchase.

**Hardcopy at the Cuesta Bookstore: Approx. Cost \$85.00
(this is just an estimate)**

OTHER INFORMATION: If this is your first online course please don't panic. The first week of class you the opportunity to browse around the course and get yourself familiar with Blackboard

Please recognize that an online class does require just as much time as a traditional face to face course. It is very important that you keep up with the readings, assignments, test, discussions, etc. Once you get behind it can be a challenge to catch up. Also I DO NOT accept any late assignments no exceptions.

Link to Frequently asked Question from Cuesta College Distance Education <http://library.cuesta.edu/distance/faqs.htm>

TECHNICAL SUPPORT AND 24/7 HELP for BLACKBOARD: Cuesta is participating in a new pilot 24/7 Help Desk for technical issues related to Distance Education. This help desk is run by an outside vendor under contract to the California Community College Chancellor's Office. I have found tech support for Blackboard to be very helpful. You may contact the help desk for assistance in the following ways:

1. <http://d2.parature.com/ics/support/default.asp?deptID=4186>
2. 1-866-247-5971

If you have questions regarding the class, please feel free to contact me at the email listed above and I will do my best to answer your questions or refer you to someone that can answer your technology needs. I look forward to “seeing” you in the fall.

Sincerely,

Angela C. Neary

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