



## News Release

Contact: Jill Ivie  
(805) 546-3108  
FAX (805) 546-3921

Cuesta College Institutional Advancement/  
Marketing & Communications  
San Luis Obispo, CA 93403-8106  
Email: [jill\\_ivie@cuesta.edu](mailto:jill_ivie@cuesta.edu)

February 26, 2009

# Cuesta College Names 2009 Honored Alumni of the Year

Cuesta College has named its 2009 Alumni of the Year, honoring four former students for their professional achievements and service to the community.

The four honorees, Dr. Janet Christine Frank, Kathryn Wetterstrand, Tim Williams and Steven Frank, were nominated by their peers and reviewed by a selection committee. To qualify for the award, an alumnus of Cuesta College must have completed at least 24 credit units more than 10 years ago and cannot be a current employee or Board of Trustees member.



Dr. Frank graduated from Cuesta College in 1969 with an associate's degree, earning a spot on the Dean's Honor List all four semesters. She then earned her bachelor's in Social Welfare and her master's in Gerontology from the University of Southern California, before earning her doctorate in Public Health from the University of California, Los Angeles. She has served as the Board of Director President and UC representative for the California Council on Gerontology and Geriatrics since 1994. She also serves as member of the Board of Directors for the National Association of Geriatric Education Centers and a member of the Gerontological Society of America since 1979. She also lectures on public health nationwide.



Wetterstrand earned her associate's degree from Cuesta College in 1977. Since then, she has spent countless hours volunteering for several causes, including Hurricane Katrina, Red Cross, National Immunization Day and Zoo to You. She was a volunteer on trips to India and Nigeria to help eradicate polio. Wetterstrand was also the representative for the Paso Robles Rotary Club at the Annual Poverty Conference and coordinated humanitarian matching grants to install water wells in Uganda. She also volunteered for Cuesta's North County Campus Campaign.

“I loved Cuesta College,” Wetterstrand said. “I was inspired there to travel and seek different worlds and cultures. It was a great learning atmosphere. The teaching was inspirational and instructional rather than institutional. I’m really proud to be an alum.”



Williams attended Cuesta College from 1990-93 before transferring to Cal Poly to earn his bachelor’s in Journalism. He founded the local company, Digital West, in 1998 and grew the company to nearly 1,000 hosted domains within three years. In 2005, he completed a new “World Class” Internet Data Center in San Luis Obispo. Williams serves as treasurer and member of the Board of Directors for the Rotary Club of San Luis Obispo de Tolosa. He is president of the SLO Hotline and co-chair of the San Luis Obispo County 2-1-1 Steering Committee. He also volunteers with the San Luis Obispo Chamber, SLO Pilot’s Association Board of Directors, The Flying Samaritans, the San Luis Obispo County Air Transportation Alliance and the SLO Public Safety Service Committee.



Steven Frank earned an associate’s degree in civil engineering from Cuesta College in 1970. He continued on to earn a bachelor’s degree in civil engineering from University of California Berkeley, followed by an MBA and a Lifetime Teaching Credential. He has been employed by the San Luis Obispo Public Works Department for 32 years. Frank volunteers for the Grace Church, San Luis Obispo High School, Mission College Prep and in support of military troops. He has also been a Class 2 Deputy with the Sheriff’s Aero Squadron, a volunteer program dedicated to search and rescue missions, for 34 years. Frank has even filled in for his father as a Cuesta College instructor on two occasions.

“Upon graduation from Cuesta, I transferred to the number one civil engineering school in the world at the time,” Frank said. “As I have told many people to this day, every single unit at Cuesta was accepted at this prestigious school.”

The honoree will be presented with the 2009 Cuesta College Alumni of the Year award at the Annual Awards Luncheon on May 1 at Cuesta College. They are also invited to attend Cuesta’s End of the Year Ceremony on May 16 and the Alumni BBQ on May 21.

Cuesta College news releases are available on the Internet at  
<http://academic.cuesta.edu/pim/pr/index.htm>

###