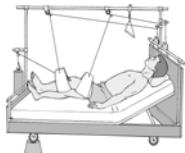


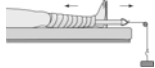
Chapter 17

Treatment Orders

Traction- mechanical pull applied to a part of the body



Skeletal traction (internally pins, tongs, or wires placed directly into the bone.)



External skin traction or "Bucks"

- Applied to arms, legs, neck, back, pelvis
- Fractures, dislocations, muscle spasms, deformities. Short or long term.
- HUC communicates traction order to person responsible for assembling, PT in sm hosp.
- External apparatus applied by nursing, HUC orders supplies such as moleskin tape, sling, sandbags.
- Sample Doctor's orders for Traction:
 - Cervical traction c Crutchfield tongs,
 - Thomas' leg sling c Steinmann pin 20 lb of traction, traction by gravity lt arm, skin traction 5 lb to left arm. Skin traction 7 lbs to pelvis, Left unilateral buck's traction 5 lb, Overhead frame and trapeze, Braun frame.

Respiratory Care Department performed at the bedside by Respiratory Therapist



Face mask with CPAP

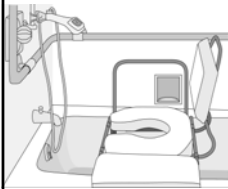
- HUC must be careful to enter all info regarding order, so RT can come prepared to administer TX.
- Samples of Doctor's Orders for R/T:
 - O2 @ 4L/min NC cont, Oxygen tent 40%O2, IPPB c 3cc saline qid, IPPB 0.5mL Ventolin & 3 mL NS tid, SVN with UD Ventolin tid, SVN 0.5cc Bronkosol with 2.5 cc NS qid, Hypertonic USN for sputum inducement, CPT, Mechanical Ventilator, HA @ 60% via T-piece, Incentive spirometry tid (IS), IS c PEP @ 5cm H2O, CPAP 5 cm H2), BiPAP I:10 E:5, MDI c Ventolin qid iii puffs,

Physical therapy to improve/restore mobility

- May include ice, gait training, exercise, water therapy, and heat .
- Samples of Doctors' Orders for P/T:
- Hubbard tank 30 min qd T 100 degrees F, active underwater exercises to elbows and knees c debridement, Whirlpool bath LLE bid, AA exercise Lt shoulder and elbow daily, ROM bid to UE, PROM BLE bid, Joint mobilization to Lt shoulder bid, Strengthening of all four extremities, PT to amp pt with walker as tol, PT to eval and treat, ACL protocol per Dr. Melzer, Dr. Jen's BKA protocol, THA and TKA protocols, Transfer training, wheelchair mobility, Gait training with a walker, WBAT LLE, Crutch walking NWB daily, CPM 0-45 degrees, progress to 0-90% by day 5, T-band exercises, Codman's exercises rt shoulder (also called pendulum), Isometrics BUE (bilateral upper extremities), Ultrasound and massage to lower back, Hydrocollator packs or hot packs to back bid, Ice or cold packs to left leg bid, Post-op TENS, FES or ES, see pg 345 for Hyperbaric orders.

Occupational Therapy to achieve the greatest possible functional independence. ADL's

- Samples of Doctor's Orders for OT:
- OT for evaluation and treatment if needed daily
- ADL training
- Supply and train in adaptive equipment such as button hooks, and feeding utensils for ADL, OT to increase mobility, Fabricate cock-up splint for left upper extremity.



Dialysis for chronic or acute renal failure

- Hemodialysis (extracorporeal dialysis) removal of waste products from body by a machine through which their blood flows. Usually done as outpatient, or in hosp c portable equip.
- Takes 3-4 hrs. X 3 days/wk.
- Peritoneal dialysis- dialyzing fluid is admin into abd cavity, absorbs wastes, through pritoneum, then dialysate is emptied from abd. Patient does @ home.
- Hemodialysis 3 X wk for 2 hours, Consent for Tenckhoff catheter placement for peritoneal dialysis, Consent for A-V shunt.

Summary

- The transcription of treatment orders involves the communication of the order to the necessary department by computer or by requisition form, and the communication of the order to the nursing staff by the kardexing step of the transcription procedure. Professionals in their respective departments then execute the orders.
