



**CUESTA  
COLLEGE**

Emeritus College  
*List of classes scheduled for...*  
**City of San Luis Obispo &  
Cuesta, SLO Campus**

Cuesta College...your neighborhood college scheduling **FREE** classes  
for Boomers, "Young" Seniors, & Adults 50+ in your  
neighborhood. No tests. No grades. New friends.

Revised: 11/18/09

## ~ FALL 2009 Courses ~

### **ECOL 415 - YOGA FOR SENIORS**

Presents yoga to enhance health and well-being. Instruction and practice includes a passive exercise adapted for students over the age of 50, relaxation while stretching, strengthening, deep breathing, postural alignment, yoga asanas (postures) to enhance and develop full range of motion, flexibility of muscles and strengthening of musculature.

#### **San Luis Obispo Off-Campus**

71583 MW 1:30pm-3pm Fran Dukehart

Above section 71583 meets 9 weeks (10/19-12/16).

This section meets at The Manse on Marsh, 475 Marsh Street, San Luis Obispo.

### **ECOL 423 - ART: WATERCOLOR**

Introduces the fundamentals of watercolor. The basics of planning and preparation, color mixing and theory, design and composition, perspective are covered. Students practice painting techniques and learn to critique work created in class. Students may need to purchase materials or pay a fee to cover the cost of materials.

#### **San Luis Obispo Campus**

71624 Thu 1:30pm-4:30pm Marguerite Lyons 4720

Above section 71624 meets 9 weeks (10/22-12/17).

This section meets at the SLO Cuesta College Campus, Hwy 1 at Education Drive, San Luis Obispo.

***Registration for all Emeritus classes is FREE. Applications and registrations card is required.***

***The instructor can assist you with registration paperwork.***

**FALL 2009...**

**BUS 511: INTRODUCTION TO TAX PREPARATION II - SOFTWARE**

Provides interactive computer-based training using the IRS-approved Tax Wise federal/state income tax preparation software, under the supervision of a qualified instructor for the SLO County VITA Coalition free Income Tax Assistance program. Students must also enroll in Introduction to Income Tax Preparation and Income Tax Preparation Internship of the Income Tax Preparation certificate program.

72422 Sat 8am – 5pm Joseph Carro 4740

Above section 72422 meets 1 week (11/21)

This section meets at the Cuesta College San Luis Obispo Campus, Hwy 1 at Education Drive, SLO. Contact Cuesta College Community Programs at (805) 546-3132 for more information.

**SPRING 2010...**

**BUS 512: INTRO TO TAX PREPARATION III-INTERNSHIP**

Provides supervised basic federal/state income tax return preparation utilizing Tax Wise software for families and individuals earning less than \$40,000 per year as part of the SLO County VITA Coalition free Income Tax Assistance program. Students must also enroll in Introduction to Income Tax Preparation and Introduction to Income Tax Preparation Software of the Income Tax Preparation certificate program.

31991 Sat 10am – 2pm Joseph Carro

Above section 31991 meets 9 weeks (1/30-3/27/09).

This section meets at KCBX Computer Lab, 4100 Vachell Drive, SLO & North County Campus in Paso Robles. Contact Cuesta College Community Programs at (805) 546-3132 for more information.

***For class details or information on how to register, call: (805) 546-3121 OR visit***

***[www.communityprograms.net](http://www.communityprograms.net)***

*Click on EMERITUS*

***(Registration is also available at the first class meeting.)***

*Designed for students over 50 years of age.*

*Classes are FREE and taught at various locations throughout the San Luis Obispo area.*