

2004 CUESTA WOMEN'S CROSS COUNTRY RESULTS

Runner	Ventura Beach Run 3rd		Venue/ Pepsi Invit 11th		Orange Coast Invit 8th		Bakersfield Invit 7th		WSC Preview 6th		WSC Championships 5th		SOCAL CHAMPS 19th		State Championships	
	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place
Clare Nowel	23:24	13th	21:24.3	39th	22:56	51st	24:49		20:58	18th	21:35.2	22nd	19:02	81st	20:42.04	97th
Alison Van Beurden	23:50	15th	21:42.5	51st	22:18	39th	24:28		21:04	20th	21:14.3	19th	18:17	43rd	20:04.73	57th
Jessica Reyes	24:35	20th	21:37.2	48th	21:35	26th	23:53		21:17	23rd	22:05.8	33rd	19:58	119th		
Jill Owyang	27:08	38th	24:40.3	128th	24:31	75th	26:44		23:20	45th	23:59.9	61st				
Karolyn Beaver	28:29	43rd	25:57.0	171st	25:19	89th			24:36	57th	22:42.9	39th	20:12	128th		
Monique Johnson	30:04	49th	24:36.5	136th	25:20	91st	28:34		23:59	51st	23:20.6	48th	20:53	142nd		
Sandi Short	30:34	51st	25:20.1	157th	25:41	96th	29:54		25:09	61st	24:48.2	66th	22:30	165th		
Christina Guerinoni	30:57	52nd					31:23									
Dina McPahil	32:48	58th					29:31		28:09	76th	26:11.7	75th				

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Runner	Ventura Beach Run 6th		Venue/ Pepsi Invit 15th		Orange Coast Invit 8th		Bakersfield Invit 6th		WSC Preview 7th		WSC Championships 5th		SOCAL CHAMPS 13th		State Championships	
	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place	Time	Place
Martin Hernandez	23:10	6th	22:58.5	40th	21:25	19th	24:25		23:35	35th	22:30.2	28th	24:37	54th	21:49.46	87th
Nathan Gibson	23:28	14th	24:07.4	94th	22:01	37th	23:59		22:59	24th	22:43.4	33rd	25:14	84th	21:48.31	84th
Hunter Hoffman	25:23	46th	24:17.7	104th	23:45	80th	25:08		24:19	51st	22:47.4	34th	25:17	85th		
Tyler Buwalda	25:50	49th	25:27.2	168th	24:30	95th	26:45		25:55	80th	24:23.0	72nd	28:54	154th		
Paul Diaz	26:28	55th	28:26.5	243rd	25:23	112th	27:56		26:32	89th	25:03.3	88th				
Pedro Lopez	27:37	74th	26:22.5	205th	24:43	103rd	26:47		26:14	85th	25:58.1	101st				
Aaron Guerrero	27:52	76th	27:30.8	221st	24:40	101st					24:53.4	82nd				
Wayne Brogdon	27:58	77th	26:03.5	195th	25:08	108th	26:28		25:57	81st						
Calin Anderson	29:10	88th	26:29.2	208th	25:24	113th	28:04		28:28	103rd	24:41.5	79th				
Kyle Lundgren	36:21	102nd	31:37.2	266th			33:00		32:33	114th	28:44.5	108th				
Chris Stehula			21:55.5	4th	21:01	12th	22:26		22:03	7th	21:32.1	3rd	23:46	16th	21:08.06	23rd
Willie Jones									24:44	60th	23:31.8	52nd	25:27	90th		
Jon George									25:01	67th	23:44.2	54th	26:17	121st		